



Peninsula Birth & Baby Expo

Lobby Vendors

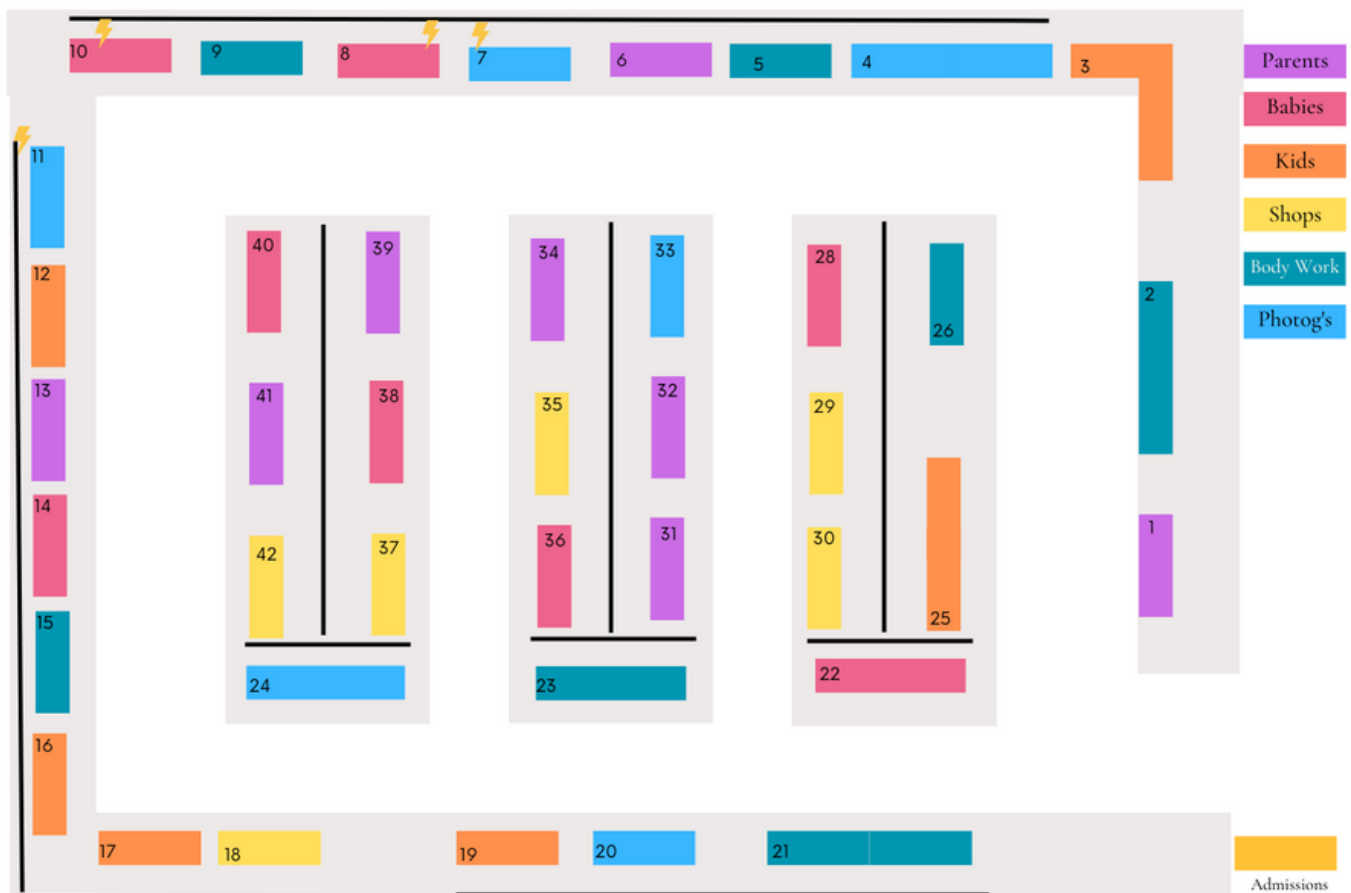
1. Oxalis Kitchen
2. Viking Ice Cream

Food Trucks

1. Taste Da Boot
2. Pink Gorilla Espresso

Gym Vendors

1. Kitsap Yoga Doula
2. Looking Glass Chiropractic
3. Ahoy Kitsap Playland
4. Liquid Sunshine Photography
5. Chrysalis Physical Therapy
6. Treasured Art of Birth Doula Agency & Academy
7. Kathryn Photography
8. Reflections Wellness
9. Breathe Easy Doula
10. WA State Newborn Screening
11. Kirsti Coutlee Photography
12. Little Fern Forest
13. Murmuring Rock
14. Jade Births
15. HSH Fitness
16. KidVantage
17. KCR Early Learning
18. Syllings Elderberry
19. Holly Ridge
20. Ashley Grimes Photography
21. Body Motion Physical Therapy
22. True North Birth Center
23. Kitsap Physical Therapy
24. Christi Hunt Photography
25. Treetop Village Schools
26. Beautiful Beginnings Massage
27. Carisa's Creations
28. Wolf Moon Doula
29. Lemon Acres
30. Nurturing Expressions
31. Ceres Chill
32. Nourished Beginnings
33. Full Circle Photograph
34. Perinatal Support WA
35. Made of Milkies Breastmilk Jewelry
36. Moon River Birth
37. Poppy & Pine Design Co
38. Virginia Mason Franciscan Health
39. KC Breastfeeding Coalition
40. Peninsula Midwives
41. Kitsap Perinatal
42. Kati Davis Realty





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Class schedule

- 10:30 am - Room B Ask an Occupational Therapist: Sensory Beginnings & Early Development
- Emily Bryce with Little Fern Occupational Therapy
- 11 am - Room A The Secret to Decreasing Your Push Time & Preparing Your Pelvic Floor for Birth
- Dr. Allison Feldt with Body Motion Physical Therapy
- 11:30 am - Room B Midwife Q&A - Get all of your questions answered!
- Ashley Jones with True North Birth Center
- 12 pm - Room A Newborn Neurology: What's Normal
- Dr. Crystal Folta with Looking Glass Chiropractic
- 12:30 pm - Room B Introduction to Breastfeeding
- Rebecca Kusche, IBCLC with Nurturing Expressions
- 1 pm - Room A 5 Quick Tips for Pelvic Girdle and Back Pain
- Kara Stadshaug with Kitsap Physical Therapy
- 1:30 pm - Room B Wellness Check-in with Perinatal Support Washington
- Karina Saunders and Allie Johnson
- 2 pm - Room A Breath and Pelvic Floor Function
- Dr. Megan Kranenberg with Chrysalis Physical Therapy
- 2:30 pm - Room B How to pick the right breast pump and accessories to set yourself up for success
- Bekah Moore, CLC with Nurturing Expressions

